

# **COVID-19 Health Evidence Summary No.86**

Kerry Millington & Samantha Reddin Liverpool School of Tropical Medicine (LSTM) & Institute of Development Studies 30 July 2020

This weekly COVID-19 health evidence summary (HES) is based on 3.5 hours of desk-based research. The summary is not intended to be a comprehensive summary of available evidence on COVID-19 but aims to make original documents easily accessible to decision makers which, if relevant to them, they should go to before making decisions.

## **Clinical characteristics and management**

| Publication date | Title/URL   | Journal/Article<br>type   | Summary   | Keywords        |
|------------------|---|---------------------------|---|-----------------|
| 27.07.2020       | Longitudinal<br>analyses<br>reveal<br>immunological<br>misfiring in<br>severe<br>COVID-19 | Nature   Article unedited | <ul> <li>Longitudinal immunological correlates of disease outcome remain unclear</li> <li>Immune profiling in 113 C19 patients with moderate (non-ICU) and severe (ICU) disease identified development of a maladapted immune response profile associated with severe C19 outcome and early immune signatures that correlate with divergent disease trajectories</li> </ul> | Immune response |

| 26.07.2020 | Previous and active tuberculosis increases the risk of death and prolongs recovery in patients with COVID-19 | medRxiv   pre-<br>print (not peer-<br>reviewed) | <ul> <li>Longitudinal cohort analysis of matched C19 patients with and without TB, using C19 surveillance data in the Philippines</li> <li>Co-infection with TB increased morbidity and mortality in C19 patients</li> </ul>   | TB co-<br>infection |
|------------|--|---|--|---------------------|
| 24.07.2020 | Presence of genetic variants among young men with severe COVID-19  | JAMA  <br>Preliminary<br>Communication          | <ul> <li>A case series of 4 young male patients with severe C19</li> <li>A rare genetic variant were identified that were associated with impaired type I and II IFN responses</li> </ul>  | genetics            |
| 23.07.2020 | Neonatal management and outcomes during the COVID-19 pandemic: an observation cohort study                   | The Lancet Child & Adolescent Health   Article  | <ul> <li>Perinatal transmission of C19 is unlikely to occur if correct hygiene precautions are undertaken</li> <li>Bearing in mind the benefits of early mother-neonate bonding and breastfeeding, allowing neonates to room in with their mothers and direct breastfeeding are safe procedures when paired with effective parental education of infant protective strategies</li> </ul> | neonates            |

# **Epidemiology and modelling**

| Publication date | Title/URL  | Journal/Article type                              | Summary  | Keywords                                  |
|------------------|--|---|--|---|
| 29.07.2020       | Observations of the global epidemiology of COVID-19 from the prepandemic period using web-based surveillance: a cross-sectional analysis         | The Lancet<br>Infectious<br>Diseases  <br>Article | <ul> <li>Description of the global spread of SARS-CoV-2 and characteristic of C19 cases and clusters before the characterisation of C19 as a pandemic</li> <li>Cases with travel links to China, Italy or Iran accounted for almost two-thirds of the first reported C19 cases from affected countries</li> <li>Where age information is available – most were among adults aged 18 years or older</li> <li>There were many clusters of household transmission among early cases, but clusters were larger in occupational or community settings</li> <li>This study also highlights the relatively late detection of SARS-CoV-2 in the WHO African region and remaining knowledge gaps, including paucity of case data from low-income countries</li> </ul> | Global<br>spread,<br>pre-<br>pandemic     |
| 21.07.2020       | Impact of self-imposed prevention measures and short-term government-imposed social distancing on mitigating the delaying a COVID-19 epidemic: A | PLOS<br>Medicine  <br>Article                     | <ul> <li>This study compared the individual and combined effectiveness of self-imposed prevention measures and of short-term government-imposed social distancing in mitigating, delaying, or preventing a C19 epidemic</li> <li>Results suggest information dissemination about proven self-imposed measures can be an effective strategy to mitigate and delay the epidemic</li> <li>Early initiated short-term government-imposed social distancing can buy</li> </ul>  | Prevention, individual, social distancing |

| modelling study | time or healthcare systems to prepare for an |  |
|-----------------|--|--|
|                 | increasing C19 burden                        |  |

## **Infection Prevention and Control**

| Publication date | Title/URL   | Journal/Article<br>type   | Summary  | Keywords                 |
|------------------|---|---|--|--------------------------|
| 29.07.2020       | SARS-CoV-2,<br>SARS-CoV-1<br>and MERS-<br>CoV viral load<br>dynamics,<br>duration or<br>viral shedding<br>and<br>infectiousness:<br>a living<br>systematic<br>review and<br>meta-analysis | medRxiv   pre-print (not peer-reviewed)                         | <ul> <li>Viral load kinetics and the duration of viral shedding are important determinants for disease transmission</li> <li>Although SARS-CoV-2 RNA shedding in respiratory and stool can be prolonged, duration of viable virus is relatively short-lived</li> <li>Detection of viral RNA cannot be used to infer infectiousness</li> <li>No study to date has detected live virus beyond day 9 of illness despite persistently high viral loads</li> <li>SARS-CoV-2 viral load in the upper respiratory tract appears to peak in the first week of illness, while SARS-CoV-1 and MERS-CoV peak later</li> <li>This study highlights the importance of early case finding and isolation</li> </ul> | Infectious<br>virus, RNA |
| 30.07.2020       | How to keep patients and staff safe from accidental COVID-19 exposure in the emergency room: Lesson from South Korea's explosive COVID-19 outbreak  | Infection<br>Control &<br>Hospital<br>Epidemiology<br>  Article | <ul> <li>An emergency room shutdown related to an accidental exposure to a patient with C19 who had not been isolated</li> <li>Problematic accidental exposure and in-hospital transmission of COVID-19 can be successfully prevented through active isolation and surveillance policy and comprehensive PPE use despite longer ER stays and the presence of more severely ill patients</li> </ul>   | nosocomial               |

| during an explosive C19 outbreak                          |  |
|---|--|
| Paper included as a reminder to consider patient flow and |  |
| nosocomial exposure                                       |  |

# **Testing**

| Publication date | Title/URL   | Journal/Article<br>type                            | Summary  | Keywords            |
|------------------|---|--|--|---------------------|
| 24.07.2020       | Point-of-care serological assays for delayed SARS-CoV-2 case identification among health-care workers in the UK: a prospective multicentre cohort study | The Lancet<br>Respiratory<br>Medicine  <br>Article | <ul> <li>Included to highlight that variation in performance characteristics between assays highlights the urgent need for individual evaluation of the large number of commercial SARS-Co-2 serology tests that have become rapidly available</li> <li>Identification of false-negative results among HCWs suggest caution in interpretation of serology results at this early stage in the scale up of serology testing</li> </ul> | Serology<br>testing |

# **Therapeutics**

| Publication date | Title/URL  | Journal/Articl<br>e type | Summary   | Keywords                             |
|------------------|--|--------------------------|---|--------------------------------------|
| 23.07.2020       | Hydroxychloroqui<br>ne with or<br>without<br>Azithromycin in<br>mild-to-moderate<br>Covid-19 | NEJM  <br>Article        | The use of hydroxychloroqui ne, alone or with azithromycin, in patients hospitalised with mild-to-moderate C19 did not improve clinical status at 15 days compared with standard care | Hydroxychloroquin<br>e, azithromycin |

## Leadership and governance

| Publication date | Title/URL  | Journal/Article type | Summary   | Keywords             |
|------------------|--|----------------------|---|----------------------|
| 30.07.2020       | Pandemic performance: women leaders in the Covid-19 crisis | Politics &<br>Gender | <ul> <li>Analysis of data on C19 policy responses provided by the Coronavirus Government Response Tracker, combined with data on the gender of government leaders and the percentage of women in legislatures</li> <li>There was no reliable evidence of policy difference across women and men in response to the pandemic</li> <li>The share of women in legislatures is associated with a delay in closing schools, consistent with women policymakers placing a higher social and economic value on schools remaining open</li> </ul> | Women,<br>leadership |

# **Health systems**

| Publication date | Title/URL  | Journal/Article<br>type | Summary   | Keywords |
|------------------|--|-------------------------|---|----------|
| 22.07.2020       | A tipping point for Yemen's health system: the impact of COVID-19 in a fragile state | MedGlobal  <br>Report   | <ul> <li>27% mortality rate of Yemenis who are confirmed to have COVID-19 – more than 5 times the global average and among the highest COVID-19 mortality rate in the world</li> <li>Disproportionate harm to health workers – 97 health workers have died in Yemen reportedly from C19</li> <li>This report explores how C19 is overwhelming the HS</li> <li>Provides several recommendations based on information from health teams in Yemen</li> </ul> | Yemen    |

# **Comments, Editorials, Opinions, Blogs, News**

| Publication date | Title/URL  | Journal   Article type                               |
|------------------|--|--|
| August<br>2020   | The indirect impact of COVID-19 on women   | The Lancet Infectious Diseases  <br>Newsdesk         |
| 30.07.2020       | New SARS-CoV-2 Vaccine Results, with Peter Piot  | NEJM   Audio interview                               |
| 29.07.2020       | COVID-19 surfaces new directions for old challenges: three lasting ways to improve global health procurement                                   | CGD   Blog   |
| 29.07.2020       | Stockpiling of drugs: should the world care?   | CGD   Blog   |
| 29.07.2020       | 'One big wave' – why the Covid-19 second wave may not exist  | The Guardian   News                                  |
| 29.07.2020       | Roche provides an update on the phase II COVACTA trial of Actemra/RoActemra in hospitalised patients with severe COVID-19 associated pneumonia | Roche   Media release                                |
| 28.07.2020       | Lung fibrosis: an undervalued finding in COVID-19 pathological series  | The Lancet Infectious Diseases  <br>Correspondence   |
| 28.07.2020       | The challenges of informative wastewater sampling for SARS-CoV-2 must be met: lessons from polio eradication                                   | The Lancet Microbe   Comment                         |
| 27.07.2020       | Impacts of COVID-19 on childhood malnutrition and nutrition-related mortality  | The Lancet   Comment                                 |
| 27.07.2020       | Child malnutrition and COVID-19: the time to act is now  | The Lancet   Comment                                 |
| 27.07.2020       | Eliminating viral hepatitis in the COVID-19 era: weighing challenge and opportunity  | The Lancet Gastroenterology & Hepatology   Editorial |

| 27.07.2020 | The impact of COVID-19 on hepatitis elimination   | The Lancet Gastroenterology & Hepatology   Comment |
|------------|---|--|
| 27.07.2020 | COVID-19 and heatwaves: a double whammy for Indian cities                                       | The Lancet Planetary Health  <br>Comment           |
| 27.07.2020 | Covid-19: Deaths in Yemen are five times global average as healthcare collapses                 | BMJ   News   |
| 25.07.2020 | COVID-19 vaccine affordability and accessibility  | The Lancet   Correspondence                        |
| 25.07.2020 | COVID-19 and China: lessons and the way forward   | The Lancet   Editorial                             |
| 25.07.2020 | Pandemic science and politics   | The Lancet   Perspectives   Book                   |
| 24.07.2020 | Molecular underpinnings of severe coronavirus disease 2019                                      | JAMA   Editorial                                   |
| 24.07.2020 | Particle sizes of infectious aerosols: implications for infection control                       | The Lancet Respiratory Medicine  Viewpoint         |
| 24.07.2020 | The time to do serosurveys for COVID-19 is now  | The Lancet Respiratory Medicine   Comment          |
| 24.07.2020 | Need for sustainable biobanking networks for COVID-19 and other diseases of epidemic potential_ | The Lancet Infectious Diseases  <br>Personal View  |
| 23.07.2020 | COVID-19 response in Lebanon: Current experience and challenges in a low-resources setting      | JAMA   Viewpoint                                   |
| 23.07.2020 | Vaccine preliminary results: here is why we need to exercise caution                            | CGD   Blog   |
| 23.07.2020 | Management of mother-newborn dyads in the COVID-19 era  | The Lancet Child & Adolescent<br>Health   Comment  |

| PLOS Medicine | Perspective |
|---------------|-------------|
|---------------|-------------|

Can self-imposed prevention measures mitigate the COVID-19 epidemic?

## **Dashboards & Trackers**

| Cases & deaths: Global         | Cases & deaths:      | Cases & deaths: |   | Current<br>research<br>including trials                     | Diagnostics   | Treatments                                      | Vaccines                                |
|--------------------------------|----------------------|-----------------|---|---|---|---|---|
| WHO sitreps                    | WHO<br>Africa        | Ghana           | COVID-<br>NMA   | WHO   | FIND<br>SARS-CoV-<br>2 Test<br>Tracker                        | Global<br>COVID-19<br>Clinical Trial<br>Tracker | CEPI                                    |
| WHO<br>dashboard               | African<br>Arguments | Indonesia       | Centre  | WHO International Clinical Trials Registry Platform (ICTRP) | FIND<br>SARS-CoV-<br>2<br>Diagnostics:<br>performance<br>data | clinical trials                                 | Vaccine<br>Centre<br>LSHTM              |
| Johns<br>Hopkins<br>University | European<br>CDC      | CDC             | Norwegian<br>Institute of<br>Public<br>Health               | Cytel   | Serology-<br>based tests<br>for COVID-<br>19                  | Solidarity<br>trial                             | COVID-<br>19 Oxford<br>Vaccine<br>Trial |
| WEF                            |                      | Sierra<br>Leone | Oxford C19<br>Government<br>Response<br>Tracker<br>(OxCGRT) |   | Our World<br>in Data: C19<br>Testing                          | COVID-19<br>Therapeutics<br>Accelerator         | COVID-<br>19<br>Vaccine<br>Tracker      |
| Our World in Data              |                      | Singapore       |   | COVID-<br>evidence  |   |   |   |
| Global 5050                    |                      | UK              | IFPRI<br>COVID-19<br>Policy<br>Response<br>Portal           | Cochrane  |   |   |   |

| CEBM,<br>University of<br>Oxford | US | COVID-19<br>Primer          | Clinicaltrials.gov |  |  |
|----------------------------------|----|-----------------------------|--------------------|--|--|
| Humanitarian<br>Data<br>Exchange |    | NIH<br>LitCovid             | UKCDR              |  |  |
| Information is Beautiful         |    | WHO<br>COVID-19<br>Database |                    |  |  |
| LSHTM                            |    |                             |                    |  |  |
| HealthMap<br>(cases)             |    |                             |                    |  |  |
| The<br>Commons<br>Project        |    |                             |                    |  |  |

## **C19 Resource Hubs**

| Global                    | Regional & Country | Academic<br>journals &<br>Publishers | Institutes/Centres<br>/Funders/Other                           | Health Topics                     | Social<br>Sciences          |
|---------------------------|--------------------|--------------------------------------|--|-----------------------------------|-----------------------------|
| WHO COVID-<br>19 pandemic | Africa CDC         | Annals of<br>Internal<br>Medicine    | LSTM   | Stop TB<br>Partnership            | SSHAP                       |
| WHO risk communication    | African<br>Union   | ВМЈ                                  | LSHTM  |                                   | IDA                         |
| WHO Q&A                   | Nigeria<br>CDC     | Bulletin of<br>the WHO               | ICL MRC Centre<br>for Global<br>Infectious<br>Disease Analysis | Global<br>Menstrual<br>Collective | Disability<br>and inclusion |

| WHO Global research                     | GeoPoll:<br>SSA   | Cambridge<br>University<br>Press         | ODI   | SLH:<br>Handwashing<br>in low<br>resource<br>settings | Coregroup<br>IDDC                                  |
|---|---|--|---|---|--|
| COVID-19<br>Solidarity<br>Response Fund | Global<br>Health<br>Network<br>Africa                           | Cell Press                               | Johns Hopkins<br>University                     | RBM<br>Partnership                                    | Ethics,<br>health<br>systems &<br>COVID-19         |
| UN                                      | African<br>Academy of<br>Sciences                               | Cochrane                                 | Center for Global<br>Development                | Epidemic<br>Preparedness<br>Innovations               | Social<br>Development<br>Direct C19<br>blog series |
| UN Women                                | Africa<br>Evidence<br>Network                                   | Elsevier                                 | CMMID<br>Repository                             |   |  |
| UNOCHA                                  | OCHA<br>Southern<br>and Eastern<br>Africa<br>COVID-19<br>Digest | Health<br>Policy and<br>Planning         | Norwegian<br>Institute of Public<br>Health      |   |  |
| UNHCR                                   | South<br>African<br>Government                                  | JAMA<br>Network                          | Oxford Centre for<br>Evidence-based<br>Medicine |   |  |
| UNICEF                                  |   | The<br>Lancet                            | HEART   |   |  |
| UNESCO                                  |   | medRxiv<br>and<br>bioRxiv<br>(Preprints) | UKRI  |   |  |
| UN WFP                                  |   | NEJM                                     | Evidence Aid                                    |   |  |

| GOARN   | Oxford<br>Univers<br>Press | NIH  |  |
|---|----------------------------|--|--|
| EPI-WIN   | PLoS                       | IFPRI Resources<br>and Analyses of<br>C19 Impact |  |
| World Bank  | SAGE<br>journals           | Prevent<br>Epidemics                             |  |
| Our World in Data                                   | Science                    | Э  |  |
| COVID-19<br>Narratives by<br>David Nabarro          | Springe<br>Nature          | er   |  |
| Reliefweb   | SSRN<br>(Preprir           | nts)   |  |
| Humanitarian<br>OpenStreetMap<br>Team               | Wiley                      |  |  |
| Global Partnership for Sustainable Development Data |                            |  |  |
| WorldPop  |                            |  |  |
| Flowminder  |                            |  |  |
| COVID-END   |                            |  |  |
| Premise<br>COVID-19<br>Global Impact<br>Study       |                            |  |  |

| GISAID |  |  |  |  |  |  |
|--------|--|--|--|--|--|--|
|--------|--|--|--|--|--|--|

# Online learning & events

| Date                           | Title/URL   | Online<br>learning/event | Duration                                | Lead  |
|--------------------------------|---|--------------------------|---|---|
| 30.07.2020<br>1440-1530<br>BST | The politics of vaccines: development and delivery  | Online event             | 1h 30                                   | Blavatnik School of<br>Government, University<br>of Oxford                |
| June 2020                      | OpenWHO, the free, open-access learning platform for health emergencies, now offers 10 online courses related to COVID19. | Online<br>courses        | Varies                                  | WHO   |
| Available<br>now               | Standard precautions:<br>Environmental<br>cleaning and<br>disinfection  | Online course            | 1 hour                                  | WHO   |
| Available<br>now               | COVID-19: Effective<br>Nursing in Times of<br>Crisis  | Online course            | 2 weeks –<br>2 hours per<br>week        | Johns Hopkins School of Nursing   |
| Available<br>now               | WHO Academy and WHO Info mobile applications  | Mobile app               |   | WHO   |
| Available<br>now               | COVID-19:<br>Pandemics, Modelling<br>and Policy   | Online<br>learning       | 2 weeks   2<br>hours<br>weekly<br>study | FutureLearn UNESCO UNITWIN Complex Systems Digital Campus/Open University |

| 11.5.2020  | COVID-19 Contact<br>Tracing course  | Online<br>learning | 5 hours                                 | Johns Hopkins<br>Bloomberg School of<br>Health             |
|--|---|--------------------|---|--|
| 7-28 May<br>2020   | Virtual Evidence<br>Weeks   | 5 sessions         | 1h 30                                   | International Initiative<br>for Impact Evaluation<br>(3ie) |
| Tuesdays at<br>1700 CEST<br>(Geneva<br>time) &<br>Thursdays<br>0830 CEST<br>(Geneva<br>time) | COVID-19 Open<br>online brief with Dr<br>David Nabarro  | Event              | 1h                                      | 4SD  |
| Available<br>now   | Emerging respiratory viruses, including COVID-19: methods for detection, prevention, response and control | Online<br>learning | 3 hours                                 | WHO  |
| Available<br>now   | Responding to<br>COVID-19: Real-time<br>training for the<br>coronavirus disease<br>outbreak               | Online<br>learning | Multiple<br>self-paced<br>course        | WHO  |
| 25 May<br>2020   | COVID-19: Tackling<br>the Novel Coronavirus   | Online<br>learning | 3 weeks   4<br>hours<br>weekly<br>study | FutureLearn<br>LSHTM/UK PHRST                              |
| Available online now without mentors. Updated version will commence early June 2020          | COVID-19<br>Diagnostics and<br>Testing  | Online<br>learning | 3 weeks   3<br>hours<br>weekly<br>study | FutureLearn<br>FIND/LSHTM/ASLM                             |

| 6 April 2020     | COVID-19 Critical<br>Care: Understanding<br>and Application | Online<br>learning | 5 weeks   1<br>hour<br>weekly<br>study | FutureLearn University<br>of Edinburgh & Royal<br>College of Physicians<br>of Edinburgh |
|------------------|---|--------------------|--|---|
| Available<br>now | COVID-19 supporting online courses                          | Online<br>learning | Multiple<br>self-paced<br>course       | BMJ Learning  |

## **Suggested citation**

Millington, K.A. and Reddin, S. (2020). *COVID-19 Health Evidence Summary No.86.* K4D Evidence Summary. Brighton, UK: Institute of Development Studies.

### Rapid review methodology

The rapid weekly search for peer-reviewed literature is carried out through a PubMed search with the following keywords ("COVID-19" OR "severe acute respiratory syndrome coronavirus 2" OR "2019-nCoV" OR "SARS-CoV-2" OR "2019nCoV" OR "coronavirus") AND ("Africa" OR "South Asia" OR "Developing" OR "low-income" OR "low income" OR "lower-middle income" OR "low and middle income" OR "LMIC" OR "LIC" OR "global south") OR ("poverty") OR ("equity" OR "equities"), restricted to articles published in the previous 2 to 3 days, in English. This is complemented by a search of the homepage of the following high-impact global health journals: The Lancet journals, New England Journal of Medicine, Nature, JAMA, Annals of Internal Medicine, Cochrane Reviews, BMJ Global Health, the PLoS journals and a Twitter search of their Twitter pages. A search also of preprints from bioRxiv and medRxiv. Please note that papers that have **not been peer-reviewed** are highlighted in red. All primary research papers that relate to the primary and secondary impacts of the COVID-19 response in LMICs, and disease control and health system responses are included. Articles related to tackling the secondary impacts on other sectors are not included. Additional commentaries, opinions, and commissioned pieces are selected based on relevance.

The search for dashboards, guidelines, tools, editorials, comments, blogs, opinions and news is through the academic journals listed above, C19 resource hubs and following lead academics and professionals on Twitter.

### **About this report**

This weekly COVID-19 health evidence summary (HES) is based on 3.5 hours of desk-based research. The summary is not intended to be a comprehensive summary of available evidence on COVID-19 but aims to make original documents easily accessible to decision makers which, if relevant to them, they should go to before making decisions. The HES are not intended to replace medical or professional advice and the researcher or the K4D consortium cannot be held responsible for any decisions made about COVID-19 on the basis of the HES alone. K4D services are provided by a consortium of leading organisations working in international development, led by the Institute of Development Studies (IDS), with Education Development Trust, Itad, University of Leeds Nuffield Centre for International Health and Development, Liverpool School of Tropical Medicine (LSTM), University of Birmingham International Development Department (IDD) and the University of Manchester Humanitarian and Conflict Response Institute (HCRI).

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